

**Fluffy TEST (CA241B66)**

Visit Report: Thursday, October 31, 2024

**VISIT**

Reason: TPLO

Veterinarian: Justin Harper

Check In: 10/31/24, 12P

Check Out:

**PATIENT**

Fluffy TEST (ID CA241B66)

2 YO X LABR (DOB: Sep 19, 2022)

Canine Labrador Retriever

Weight: None

Microchip #: None

**ACCOUNT**

TEST TEST (ID 233C0)

(848) 318-1071

HCVSS Post Surgical Care of Perineal Hernia Repair, Completed: 11/05/24, 11A

Veterinarian: Justin Harper

**Now it's your turn!**

Home patient care after rectal surgery is critical to the success of the surgery. Please ask your veterinarian if you have any questions about these instructions.

**The following instructions will be your guide to home care:**

1. Keep the Elizabethan collar on your pet for 14 days to prevent excessive licking or chewing of the staples.
2. Give all of the antibiotics that your doctor prescribes.
3. Use pain medication as directed if necessary.
4. Keep the incision area clean from dirt, debris, or fecal matter by gently cleansing with a wet cloth or running water gently over the area with a hose as often as necessary and blot dry with a clean paper towel.
5. Apply a thin line of triple antibiotic ointment or Neosporin ointment over the staples to "waterproof" the area.
6. Give your pet stool softeners (DSS capsules, Fiberall, Metamucil) to effect; giving enough to slightly soften the stool but not cause diarrhea.
7. Apply moist hot packs (if your pet allows) to the area for ten minutes three times daily until the swelling, if any, is gone.
8. Have the incision and the surgery rechecked 3-5 days after surgery and again at ten days (sooner if any complications arise).

**Activity**

Restrict your pet to a leash with no free running, jumping or playing for two weeks.

**Complications**

As with any surgical procedure, complications can occur. The most common complication of surgeries around the rectum is infection. Although uncommon, keeping the incision clean and free of stool is critical to prevent this. If you notice any unusual swelling, redness or discharge, have your pet rechecked immediately. Some patients will have dissolving sutures placed under the skin that will not need to be removed, but you should follow your veterinarian's recommendations for rechecks so they can determine if everything is healing properly. If your pet is having difficulty urinating or defecating, see your veterinarian immediately. Long term recurrence of the hernia can occur or it can occur on the opposite side so have your pet rechecked if you notice any swelling near



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the rectum.

If you have any questions, please feel free to ask your veterinarian.

### Your pet had the following procedure(s) done to repair perineal hernia

Perineal hernia repaired

Obturator muscle roll up repair

Polypropylene mesh reinforcement placed due to weak and/or atrophied muscles

Neuter performed to prevent future recurrence

Cystopexy performed to prevent bladder from being herniated through repair as it occurred preoperatively.

Colopexy performed to prevent distal colon from herniation in the future.

### Follow Up Instructions

Recheck in 14 days for staple/suture removal with rDVM or HCVSS.

Feed your pet its regular diet but reduce it by 10% to allow for reduced activity.

Any swelling or redness near the incision should be checked immediately as this could be an early sign of infection!

Recheck every 2 weeks after suture removal to evaluate progress.

Please use an Elizabethan Collar on your pet to prevent licking of the incision as this is the number one cause of infections!

### Antibiotic

Start Cephalexin as prescribed by Dr. Harper.

### Pain Medications

Start Carprofen as prescribed by Dr. Harper.

Start Gabapentin as prescribed by Dr. Harper.

### Stool Softener

Start Lactulose tonight.

Continue for 3 weeks (\*Recommend considering life-time administration if your pet regularly has firm/hard stools to help prevent herniation on the other side or recurrence on operated side).

### Thank you!

We want to express our heartfelt gratitude for choosing Hill Country Veterinary Surgical Specialty to provide care for your beloved furry friend. We understand that surgeries can be stressful, and we truly appreciate the trust you have placed in us during such a time.



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We are privileged to be part of your pet's care journey, and we look forward to serving you and your furry family member in the future.

Wishing you and your pet continued health and happiness.

Warmest regards,  
Hill Country Veterinary Surgical Specialty