



HILL COUNTRY VETERINARY SURGICAL SPECIALTY

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## Fluffy TEST (CA241B66)

Visit Report: Thursday, October 31, 2024

### VISIT

Reason: TPLO

Veterinarian: Justin Harper

Check In: 10/31/24, 12P

Check Out:

### PATIENT

Fluffy TEST (ID CA241B66)

2 YO X LABR (DOB: Sep 19, 2022)

Canine Labrador Retriever

Weight: None

Microchip #: None

### ACCOUNT

TEST TEST (ID 233C0)

(848) 318-1071

HCVSS Post Prophylactic Gastropexy Instructions, Completed: 11/05/24, 11A

Veterinarian: Justin Harper

### Now it's your turn!

Your pet has had a prophylactic surgical procedure that has surgically adhered a portion of the stomach to the body wall. This procedure aids in prevention of the stomach twisting upon itself (volvulus), however it does not prevent gastric distension by food and/or gas (dilatation). It critical to the success of this surgery that your pet's activity level be managed appropriately.

### General Activity and Restriction Recommendations:

Success of this surgery is based on allowing the surgical site to form permanent adhesion between the body wall and the stomach. In order for this to occur, your pet needs to be kept quiet for a minimum of 2-3 weeks.

This means absolutely:

1. No running, jumping or playing.
2. No running up and down stairs.
3. Your pet MUST on leash or cage activity ONLY. No outside run or kennel activity is allowed.

When you are not present with the pet under leash activity, an indoor kennel is recommended.

Confinements including a small enclosed porch, bathroom, or closet is satisfactory.

### Note:

Most dogs do very well with the confinement restriction. However if your dog is difficult to control or has an exceeding amount of energy, the use of small amounts of a tranquilizer may be necessary to help during this confinement period. If you cannot control your dog or you cannot take care of your dog post-operatively it may be better to board your dog with your veterinarian for the first 2 weeks after surgery.

### Other Postoperative Care Instructions:

Monitor the surgical site for any excessive swelling or hematoma/seroma formation. Please notify your veterinarian immediately if this occurs.

An e-collar is mandatory for 10-14 days to protect the skin incision. Recommend suture or staple removal in 10-14 days with referring veterinarian.

Antibiotics and pain management of your veterinarian's choice are recommended.

NOTE – Postoperatively, the patient may receive a small amount of normal diet 12 hours after surgery.

Feed your pet canned prescription intestinal diet (bland and easy to digest) for two weeks but reduce it by 10% to allow for reduced activity.

### Resuming Activity

Resuming full activity and exercise will be determined in most cases by your veterinarian after suture removal.

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**Complications**

As with any surgical procedure, complications can occur. Failure to follow these instructions carefully can lead to sutures coming loose or other complications which can lead to costly second surgeries. If your pet stops eating, has any vomiting or diarrhea, acts like they are in pain, or has any other signs that concern you, please feel free to call and talk to your veterinarian. Remember that in most cases this surgery will prevent future rotation of the stomach (volvulus) but bloating (dilatation) can still occur and needs immediate veterinary care.

**Recommendations for Prevention**

1. Feed several small meals a day rather than one large one
2. Avoid stress during feeding (if necessary, separate dogs in multiple-dog households during feeding).
3. Restrict exercise before and after meals (of questionable benefit).
4. Do not use an elevated feed bowl.
5. Do not breed dogs with a first-degree relative that has a history of GDV.
6. For high-risk dogs, consider prophylactic gastropexy.
7. Seek veterinary care as soon as signs of bloat are noted.

**Follow Up Instructions:**

Recheck in ten days: Sutures/Staples removal / Dissolving sutures  
If bandage is present, it can be left on until it falls off or at suture removal  
Start antibiotic tonight  
Start pain medication tonight  
Start intestinal diet at recommended amounts by veterinarian

**Antibiotics**

Start Cephalexin as prescribed by Dr. Harper.

**Pain Medication:**

Start Carprofen as prescribed by Dr. Harper.  
Start Gabapentin as prescribed by Dr. Harper.

**Thank you!**

We want to express our heartfelt gratitude for choosing Hill Country Veterinary Surgical Specialty to provide care for your beloved furry friend. We understand that surgeries can be stressful, and we truly appreciate the trust you have placed in us during such a time.

We are privileged to be part of your pet's care journey, and we look forward to serving you and your furry family member in the future.

Wishing you and your pet continued health and happiness.

Warmest regards,



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